

Style Files

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Sushi Classes At Sushi Samba

It's one of the most popular dining experiences around. Going out for sushi and having a few glass of sake is always a great way to have a party but now one South Florida restaurant is showing you how making sushi can be just as fun as eating it. Here's tonight's style file.

WSVN -- Chic crowd, great bar and fabulous food with a twist.

When it comes to eating on Lincoln Road, Sushi Samba is always hopping, and now they are serving up a whole new way to dine.

Sushi Samba Beverage Director Paul Tanguay: "They get to make their own rolls, which is really the most fun part of the class."

Welcome to the restaurant's "make your own" sushi class. A two to three hour session that's complete with your own sushi chef and sake connoisseur.

Paul: "It's really about education you know. We want to educate the public about Sushi."

For starters, treat your tastebuds to some sake.

Paul: "On the side of sake, people really don't know about this great beverage."

During this class, you'll taste five different types and learn the ins and outs of the drink.

Paul: "They all have their place but these premium sakes should not be warmed up because you kind of rob them of their finer qualities."

Once you've got the sake tasting down.

Paul: "You taste it, like you would taste wine, it's the same idea, you check for balance."

It's on to the sushi.

Paul: "With the sushi part they will get to learn all about the different types of fish. How it should be prepared, fish like salmon and mackerel that need special preparation."

You learn about the ingredients then half way through, you trade places with the chef and give it a try yourself.

Paul: "They get to make their own rolls, which is really the most fun part of the class cause everyone has had a little sake at that point."

Start with a ball of rice, flatten it out over a sheet of seaweed, then, add your favorite fish and your on your way to making your very first sushi roll.

But don't be fooled, it's harder than it's looks...

Eric French: "It's a sushi Emergency!"

But nothing a little sake and more sushi can't fix.

Reported by:

[Belkys Nerey](#)

Producer:

Meredith Levin

Contact

mlevin@wsvn.com

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Eric: "I had a great time. I did not love sake before I came, but I definitely like it now."

Sushi samba's next class is May 11th. It costs \$60 dollars a person and that includes all the sake and the sushi.

FOR MORE INFORMATION:

Contact: mlevin@wsvn.com

Sushi Samba

600 Lincoln Road
Miami Beach, FL 33139
305-673-5337

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